

Edward King House Senior Center
presents

Newport Circle of Scholars

Life Long Learning Program

COURSE CATALOG

Winter/Spring 2018



January to June 2018

President's Message

Welcome to another semester of Newport Circle of Scholars courses. For those of you who are new to the program, the Circle was formed by local volunteers over 20 years ago to serve people like you. We moved to the Edward King House 3 years ago and all EKH members are automatically members of the Circle.

You will find that the experience here is a lot different than it was when you were in school. Our students are very active and engaged as a group and have fun with all the lively discussions that take place.

One of the unique opportunities in the Circle of Scholars is that if you have never taught a course before but always wanted to, here is your chance. No prior academic teaching experience required. Don't hesitate to contact our Curriculum Committee at circleofscholars@verizon.net with your questions, ideas, and suggestions for new and interesting courses.

Ben Riggs

Newport Circle of Scholars Table of Contents

Bel Canto - Rossini's "Semiramide"	6
Breath Techniques	6
Classic Lit Redux: Nineteen Eighty Four (1949) by George Orwell	7
Computer Demystification	7
Current International Events in Review	8
Great Photographers You Need To Know	8
M. Knight Shyamalan - Modern Day Alfred Hitchcock	9
Researching Your Family in Irish Records	9
Science Fiction Film Journey	10
Stephen King - The Many Sides of Genius	10
We Didn't Start The Fire	11
Welcome to Heartbreak Hotel - An Elvis Fantasy!	11
Where Do We Go When We Die?	12

How To Register

Online Registration

Registration and payment for our course offerings should be as easy as clicking a button. The Edward King House is proud to announce that ALL courses and events are easily accessible for information and online registration. Go to www.edwardkinghouse.org to the “Programs” Tab. Click on Register Online and follow the directions as they appear. Upon full completion of this process with payment, your registration will be accepted and the program will give you the option to print a ticket for your class.



Registration by Mail

Register by mail by filling out the registration form COMPLETELY and attaching payment to be sent to: The Edward King House, 35 King Street, Newport, RI, 02840. Your registration will be time-stamped when it arrives at the King Street address.

Registration in Person

Register in person at The Edward King House, 35 King Street in Newport. Come in anytime from 9AM to 3PM, Monday through Thursday or 9AM to 1PM on Fridays and ask for Anna Matos, Program Assistant. **It is imperative that you come prepared with your registration form filled out and payment ready to go.** Your registration will be time-stamped at this time.

Tuition Payment

- Pay for your courses and events with your online registration. If you choose to pay by credit card, click on the PayPal button and follow the directions.
- If you choose to pay by check, make your checks payable to :*The Edward King House*
- Cash payments will also be accepted.

Important Note:

Course registrations will NOT be finalized until full payment is received prior to the course commencement. Full registration will be offered to participants on a first come, first served basis. All registration forms are time-stamped for receipt. Preference is given to members over non-members for class space.

Program Policies

1. All fees for courses and events at the EKH are NON-REFUNDABLE. There are no exceptions.
2. Members of the EKH are permitted to “try out” a course for one session only with permission of the Executive Director and dependent upon space availability in accordance with local and state fire code. (Note: this does NOT include workshops or special events.)
3. No guests are permitted during class sessions at any time without permission of the Executive Director and dependent upon space availability in accordance with local and state fire code.
4. A class seat can only be “reserved” upon payment of tuition for that course. Verbal reservations will not be accepted.
5. Class seats are sold on a first come, first served basis.
6. EKH members are given preference for class seats over non-members.
7. Participants must be respectful of staff, other members and Center property and follow all Center policies.
8. All individuals who use the services of the Edward King House deserve the respect of their privacy. Therefore, it is the policy of this Center to respect this basic right by not divulging information without the individual’s consent.
9. The Edward King House is a smoke free facility. Anyone wishing to smoke must do so outside the building at least 50 feet from any entrance or exit.
10. For the full listing of The Edward King House program policies , please go to www.edwardkinghouse.org

Bel Canto - Rossini's "Semiramide"

Sessions: 3

Class Time: **12:30pm-2:30pm, THURSDAY— 2/22, 3/1, 3/8**

Class Limit: 20

Member \$25/Non-Member \$50

Bel Canto – “beautiful singing” -- a naive definition for singing that is nuanced in its style and technique and, depending upon the composer, variable in its characteristics. Composers Bellini, Donizetti and Rossini are associated with this style of singing – one in which the emphasis is placed on the voice as opposed to on the orchestra. The three session course will explore: the characteristics of “bel canto” singing; the historical arc of the style; stylistic similarities and differences of the three composers; artists who embody the styles; and finally, a “fireworks” display of the technique in Rossini’s “Semiramide”. Various Youtube clips will be used to support the discussion. The three session course is being offered in anticipation of the Metropolitan Opera HD performance of “Semiramide” on Saturday, March 10.

Louis Mainelli has taught opera courses on Poulenc, Tchaikovsky and Wagner at various life-long learning programs: “OLLI” at URI and UMASS – Boston; Salve Regina “Circle of Scholars” and King House “Circle of Scholars” both in Newport. Former High School Mathematics Department Chair in Darien, Conn., he has also taught at the MET School in Newport.

Breath Techniques

Sessions: 6

Class Time: **2:00pm-4:00pm, MONDAY — 1/29, 2/5, 2/12, 2/26, 3/5, 3/12**

Class Limit: 15

Member \$50/ Non-Member \$75

At one time or another, we may have found ourselves dealing with anxiety, fears, panic attacks, sadness, stress, sleep issues, or physical pain. We may have tried a variety of paths to alleviate the condition, but when all else fails BREATHE!! The breath is the guide in the journey to balance. This six week program will have presentation material on the respiratory and circulatory system; and experiential opportunity to learn several breath techniques and gain the value of breath awareness! Besides being calming, the breath can also be energizing – giving you the ability to focus and concentrate on a sport, performance or activity. This interactive, relaxed and enjoyable program can help you to increase lung capacity, build stamina and energy, exercise your lungs and heart, and come to the fullest essence of your being.

Linda M. Morse has been a yoga and meditation practitioner most of her life, teaching for over fifteen years. As an avid sci-fi buff, she has offered James Cameron’s Avatar, movies by M. Night Shyamalan, and the movie series Science Fiction Journey. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit.

Classic Lit Redux: *1984* (1949) by George Orwell

Sessions: 3

Class Time: **10:00am-12:00pm, MONDAY— 1/22, 1/29, 2/5**

Class Limit: 20

Member \$25/ Non-Member \$50

It's been almost 70 years since British author George Orwell published his great dystopian novel, *1984*. Now is certainly the time for us to revisit this prescient narrative. Orwell's book is a fictional exploration of a totalitarian society where prosperity is made possible by constant war and the public is kept in line by the manipulation of language and the subversion of truth. Can an individual survive in this society? As usual, Eileen Warburton will provide background, biography, and historical context while guiding discussion with questions and themes. She will be using the Signet Classic edition of *1984*, but any unabridged edition is fine. Participating students must commit to reading the novel in advance. Three sessions.

Eileen Warburton holds a PhD in English from the University of Pennsylvania and is the author of many books and articles, including the critically acclaimed 2004 biography of modern English novelist, John Fowles. She has taught literature at URI, BU, and Bryant. For the past twelve years, she has been the humanities scholar for 2nd Story Theatre, Warren.

Computer Demystification

Sessions: 2

Class Time: **10:00am-12:00pm, THURSDAY— 3/22, 3/29**

Class Limit: 25

Member \$20/ Non-Member \$45

Day to day we pretty much depend on some form of computer, from desktops, laptops, tablets to smart phones. The purpose of this course is to demystify them so that we can manage and use them more effectively. The class will not be about how to operate a specific gadget, instead, during this class we will review how software and hardware work together to perform various applications. At the same time we will discover how these applications can eventually clog-up, slow down and degrade system performance.

Jet Vertz holds a B.S. in Mechanical Engineering, an M.S. in Computer Science, and an M.B.A. Jet retired after working over forty years in the aviation business. Prior to his retirement he served as Vice President at Pratt & Whitney Aircraft. Jet has taught *The Bucket List* and *Histories & Mysteries of Aviation* at the Edward King House in Newport.

Current International Events in Review

Sessions: 8

Class Time: **12:45pm-2:45pm, WEDNESDAY— 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21**

Class Limit: 25

Member \$65/ Non-Member \$90

This course is a workshop-style lecture and discussion series beginning with presentations of various country and regional overviews along with some political and socio-economic issues in the first hour, followed in the second hour by a moderated open discussion of current international events of the previous week. The topics selected for the first hour will add to an understanding of the current events being discussed and often will be presented by outside speakers with relevant expertise. Class participation and presentations by attendees are encouraged, but not required.

Ron Becker, a graduate of Reed College, is a retired actuary with over 35 years of technical and administrative experience in the life insurance industry and a life-long interest in history and politics.

Ben Riggs is a retired business executive who has served as chief executive for U.S. divisions of several foreign-owned conglomerates. After graduating from Boston University, he served for eight years as a Naval Aviator, remaining in the Naval Reserve until retirement. His knowledge and interest in international affairs arose from both his military career as well as numerous business dealings in Europe, Japan, and the Middle East.

Great Photographers You Need To Know

Sessions: 3

Class Time: **10:00am-12:00pm, FRIDAY— 5/4, 5/11, 5/18**

Class Limit: 15

Member \$25/ Non-Member \$50

We will study the art of several photographers you may never have heard of, among them Abelardo Morell, whose simultaneous indoor/outdoor landscapes made with a gigantic camera obscura will amaze you, while painter and photographer Saul Leiter will transport you back to NYC in the fifties with his lovely pastoral street scenes. We will also examine the life and work of Imogen Cunningham and Czech photographer Josef Koudelka among others, as time allows.

For the first class: Google Abelardo Morell and observe his many photographic techniques.

JAN ARMOR is an award-winning educator and fine art photographer with forty years experience in both digital and traditional media. He has taught several photography courses for the OLLI at URI, Newport Circle of Scholars, as well as Wickford Art Association. He has received grants and awards for environmental photography and has taught at the Newport Art Museum, the Bristol Art Museum, South County Art Association, and others. To see Jan's work and a more descriptive biography, visit his web site: armorphoto.com. Jan's most recent class for the NCOS was The Art of the iPhone in fall 2017. janthephotoman@gmail.com

M. Knight Shyamalan - Modern Day Alfred Hitchcock

Sessions: 6

Class Time: 1:00pm-4:00pm, TUESDAY—2/20, 2/27, 3/6, 3/13, 3/20, 3/27

Class Limit: 20

Member \$50/ Non-Member \$75

M. Night Shyamalan has been compared to Alfred Hitchcock. In this six week program we get the opportunity to journey into the world of writer, director M. Night Shyamalan and explore the flair, thrills, twists and turns that he brings to the screen. In this three hour program we will view the full length movie, and have time to discuss reviews, content, story lines, symbolism, and relationships for each of these movies: Sixth Sense '99; Unbreakable '00; Signs '02; The Village '04; The Happening '08; and After Earth '13.

Linda M. Morse has been a yoga and meditation practitioner most of her life, teaching for over fifteen years. As an avid sci-fi buff, she has offered James Cameron's Avatar, movies by M. Night Shyamalan, and the movie series Science Fiction Journey. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit.

Researching Your Family in Irish Records

Sessions: 3

Class Time: 10:00am-12:00pm, WEDNESDAY— 3/21, 3/28, 4/4

Class Limit: 15

Member \$25/ Non-Member \$50

This course is designed to provide participants with the basic building blocks for research in 19th and early 20th century Ireland. To set the stage, the first class will cover the highlights of Irish history to help the participants understand the events that shaped Ireland. The second class will focus on the civil and political divisions of Ireland and the records available along with examples from the instructor's own research. The third session will complete the focus of the second session and allow for an interactive discussion of specific research questions and problems from class participants. Participants should know the county of origin of their Irish ancestors and be comfortable using the internet.

Johanna Becker is an amateur genealogist who has researched her Irish ancestors in Counties Kerry and Roscommon. She is a member of the New England Historic Genealogical Society and the National Genealogical Society. She received her bachelor's degree from the University of Texas-Austin and a Master of Actuarial Science from the University of Michigan Business School and is a retired vice president and actuary of MetLife.

Science Fiction Film Journey

Sessions: 6

Class Time: **1:00pm-4:00pm, MONDAY—4/2, 4/9, 4/16, 4/23, 4/30, 5/7**

Class Limit: 25

Member \$60/ Non-Member \$85

Are we alone in the universe? Will we be able to control our destinies? With such forms of discrimination as racism, sexism, and caste systems rampant in today's world, what will the future hold for us? Science fiction helps us by exploring the challenges we might face with cybernetic implants, genetic engineering, new belief systems, and even contact with aliens. We will view six full-length science fiction titles whose themes deal with some aspect of discrimination and control. There will be time each week to discuss reviews, content, story lines, symbolism and relationships for each of these movies: Total Recall '90; Terminator 2 – Judgment Day '91; The Island '05; The Day the Earth Stood Still '08; The Hunger Games '12; Blade Runner 2049 '17.

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Stephen King - The Many Sides of Genius

Sessions: 6

Class Time: **1:00pm-4:00pm, MONDAY—4/2, 4/9, 4/16, 4/23, 4/30, 5/7**

Class Limit: 25

Member \$60/ Non-Member \$85

Inspired as a young teen by local legend H.P. Lovecraft, Stephen King has written 54 novels, 6 non-fiction books, and nearly 200 short stories – and counting. His books alone have sold more than 350 million copies world-wide. Known primarily as an author of horror and supernatural fiction, he is much more than that. Come to this class and learn more about one of America's most famous and prolific authors, and along the way, enjoy six of his most entertaining and classic movies. 1994 - "The Shawshank Redemption" (Tim Robbins, Morgan Freeman); 1986 - "Stand By Me" (River Phoenix, Wil Wheaton); 1990 - "Misery" (Kathy Bates – Academy Award Winner Best Actress); 1983 - "The Dead Zone" (Christopher Walken, Tom Skerritt); 1995 - "Dolores Claiborne" (Kathy Bates Jennifer Jason Leigh); and 1980 - "The Shining" (Jack Nicholson, Shelley Duvall). We will have time after the film to discuss both the movie and the life and genius of Stephen King.

Brett Morse worked in the pharmaceutical industry for over 40 years. He is a graduate of Bryant College, served in the U.S. Navy during the Vietnam era, and is a certified yoga instructor.

We Didn't Start The Fire

Sessions: 6

Class Time: **1:00pm-4:00pm, TUESDAY— 2/20, 2/27, 3/6, 3/13, 3/20, 3/27**

Class Limit: 25

Member \$60/ Non-Member \$85

If you enjoy historical events and great music, then this program is right for you! The lyrics to Billy Joel's song, "We Didn't Start the Fire," contains 118 brief rapid-fire allusions to the major images, events, and personalities of 1949 (the year of Joel's birth) through 1989 when the song was released. Joel himself has said, "There's an element of malevolence in the song; it's like waiting for the other shoe to drop." This six-week program will look at each of the song's headline references through movie clips, videos and the music that helped define the period. Come and join the fun as we examine this iconic song, "We Didn't Start the Fire" – OR DID WE?

Brett Morse worked in the pharmaceutical industry for over 40 years. He is a graduate of Bryant College, served in the U.S. Navy during the Vietnam era, and is a certified yoga instructor.

Welcome to Heartbreak Hotel - An Elvis Fantasy!

Sessions: 6

Class Time: **2:00pm-4:00pm, MONDAY— 1/29, 2/5, 2/12, 2/26, 3/5, 3/12**

Class Limit: 25

Member \$50/ Non-Member \$75

You are cordially invited to a party to be held at the "Heartbreak Hotel", hosted by none other than the King himself, Elvis Presley. His guest list includes the royalty of Rock & Roll, most of them inductees into the Rock and Roll Hall of Fame. We will have an opportunity to meet them and listen to their music. What about the less famous – the one-hit-wonders? Elvis has invited them as well, and we will get a chance to enjoy their hit singles and learn about their lives and struggles. Elvis has gone all out to provide you with the music you love. And maybe he will perform as well. We'll have lots of time for discussion during these six weeks. So, dust off your dancing shoes and join me and Elvis for a rockin' good time.

Brett Morse worked in the pharmaceutical industry for over 40 years. He is a graduate of Bryant College, served in the U.S. Navy during the Vietnam era, and is a certified yoga instructor.

Where Do We Go When We Die?

An exploration of how human consciousness exists outside of the body.

Sessions: Monthly

Class Time: 5:00-6:30pm, 3rd Thursday each month

(No sessions in July, August, & December)

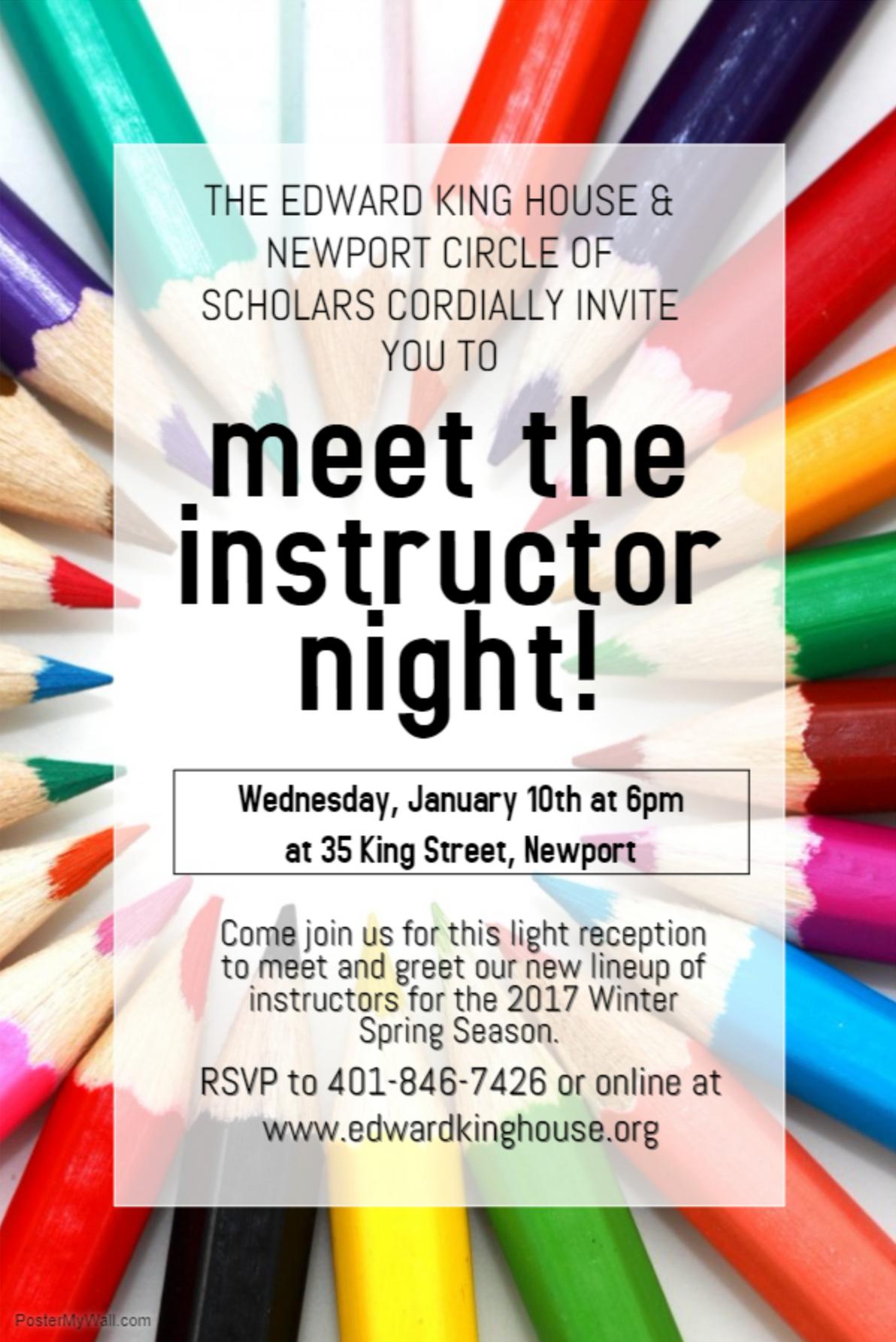
1/18, 2/15, 3/15, 4/19, 5/17, 6/21

Donations Accepted

This program began last March 2016, and is conducted as the Rhode Island Chapter of the International Association for Near Death Studies (“IANDS” at www.iands.org). The aim of the group is to explore and deepen our understanding of what has been learned about human consciousness from people who have had near-death experiences (“NDEs”) and have reported an amazing journey after they have been revived, along with the lessons they learned.

We will review and discuss actual documented experiences along with the findings of various researchers and scientists, all of whom have various theories about how this happens and what it can tell us about the transition from life as we know it, and what lies beyond. Some videos and guest speakers are utilized. *This is not connected with any organized religion or religious belief.* Some of the group’s current members include persons who have had NDEs, “after death” communications with loved ones, and related experiences of their own.

Ben Riggs is a retired business executive who has served as chief executive of several manufacturing companies. His knowledge and interest in NDEs evolved from the experiences of friends and family and subsequent participation with IANDS, which has included numerous national conferences, workshops, extensive study, and close collaboration with leading experts in the field.



THE EDWARD KING HOUSE &
NEWPORT CIRCLE OF
SCHOLARS CORDIALLY INVITE
YOU TO

meet the instructor night!

Wednesday, January 10th at 6pm
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Come join us for this light reception
to meet and greet our new lineup of
instructors for the 2017 Winter
Spring Season.

RSVP to 401-846-7426 or online at
www.edwardkinghouse.org

Newport Circle of Scholars
Life Long Learning
at The Edward King House

About the Newport Circle of Scholars

The Newport Circle of Scholars is a non-profit volunteer organization that was created to provide life long learning programs for citizens 50 years of age and older. Its programs are focused on both scholarly and general interest subjects such as history, literature, science, international events, health, and the arts. Its programs and instructor recruitment efforts are facilitated and coordinated by a Curriculum Committee, and its external relations and policy are guided by a Board of Directors. **Membership in the Newport Circle of Scholars is included in your Edward King House membership at no extra charge.**

The Circle currently operates
with a combined Board/Curriculum Committee
made up of the following members:

Benjamin Riggs, President
Trudy Duval, Curriculum Committee Chair
Ron Becker
Johanna Becker
Carmela Geer, Liaison to the Edward King House



EDWARD KING HOUSE SENIOR CENTER
Newport Circle of Scholars Lifelong Learning Programs January to June 2018
REGISTRATION FORM

Name:		Daytime Phone:	
Street/City/State/Zip:			
Cell Phone:		Email:	

Check all that apply:	<input checked="" type="checkbox"/>	Time	Date	Cost
Bel Canto - Rossini's "Semiramide"		12:30pm-2:30pm	THURSDAY— 2/22, 3/1, 3/8	Member \$25/ Non-Member \$50
Breath Techniques		2:00pm-4:00pm	MONDAY — 1/29, 2/5, 2/12, 2/26, 3/5, 3/12	Member \$50/ Non-Member \$75
Classic Lit Redux: Nineteen Eighty Four (1949) by George Orwell		10:00am-12:00pm	MONDAY— 1/22, 1/29, 2/5	Member \$25/ Non-Member \$50
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Where Do We Go When We Die?		5:00pm-6:30pm	THURSDAY -1/18, 2/15, 3/15, 4/19, 5/17, 6/21	By Donation
			total	

The Senior Center at the
Edward King House
35 King Street
Newport, Rhode Island 02840



Newport Circle of Scholars

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