

# EDWARD KING — HOUSE —

*April 2018 Catalog*

[www.edwardkinghouse.org](http://www.edwardkinghouse.org)

401-846-7426

Dear Members:

It's been a while since I've written, mainly because there has been no room in our catalogs for a few words from me. This month, however, I thought I would make the room to share my excitement for the many new programs and events and physical changes that have been blossoming here at the EKH. You may have noticed by now that you no longer find our EKH Day program schedule of classes in our monthly newsletter. It has become increasingly difficult to time the registration process with the submission of the newsletter on a monthly basis. The class schedule runs on a 5 to 6 week rotating schedule where our newsletter needs to be released monthly. I just can't seem to make the round peg fit into the square hole. Either the registration form is too early or the newsletter is too late. So, after much deliberation, the newsletter will continue to be released on a monthly basis but the registration process will occur primarily online with hard copies of the registration form found at the Center.

Next, you may have noticed a few physical changes to the layout of the Center. New to the EKH are the vending machines found in our kitchen. It came to my attention this year that many of our members with diabetic/hypoglycemic conditions found that they needed a snack during their time here or the folks taking our wellness classes were looking for a cold bottle of water. The vending machines now provide both and will, with time, provide a bit of revenue to help maintain our programs. We hope you enjoy them. In addition, you will notice that our reception area has undergone a bit of a facelift. New photos, and EKH gear on the shelves, stacking bins with newsletters and registration forms and sandwich board with the next great event posted. And in the kitchen you will find our new electronic messaging board to keep you in the know of the lunch menu and all of our upcoming events.

And while we are at it, let's talk about the new programming coming our way. This Spring you will see information about our upcoming fundraiser—OLDIES NIGHT—sure to make you dance the night away at the American Bandstand Dance Hall, eat at Rosie's Diner or Joe's Malt Shop, enjoy old time TV episodes and step up to the bar for vintage cocktails. We hope you can join us. Adding to our programming lineup this Spring will be technology classes, Boxing (yes, I said b-o-x-i-n-g), paint classes, acting classes and so much more. Let's not forget our Spring Production at the Studio of "Educating Rita".

Last but never least, the month of May is on our heels and with that comes SENIOR WEEK. So much to celebrate here at the Edward King House. I look forward to the wonderful new memories we have yet to create!!

Sincerely,

*Carmela*



# **Senior Seminar**

## ***Your Decision: Aging in The Community, Considerations and Alternatives***

**Hosted at the Edward King House**

This seminar, presented by industry experts, provides important information and data for mature adults (and their families) enabling them to plan with informed choices, have more control and to better understand the essential financial information for the living and lifestyle alternatives among home-based, neighborhood, or community-based options, focused on the unique needs of adults later in life.



**Call 401-846-7426 to reserve your seats**

### ***Your Decision: Aging in The Community, Considerations and Alternatives***

Learn where you fit on the “Aging in Place Continuum”, the important options and considerations for aging in your home and community, and how to begin to “rightsize” in your current home. Light lunch served

**Date:** Saturday April 21, 2018

**Location:** Edward King House, 35 King Street, Newport

**Time:** 11:00 am

**Sponsored and presented by: Edward King House; William Raveis Real Estate; Senior Care Authority; Moving Ahead RI; Silva, Thomas, Martland & Offenber, Ltd.**

The Newport Circle of Scholars at the Edward King House presents . . .

## *Poulenc: "The Dialogues of the Carmelites"*

**Tuesday - May 1, 8, 15, 22 - 10am to 12pm**

**\$35 members/\$60 non-members**

**Register online at [www.edwardkinghouse.org](http://www.edwardkinghouse.org)**

LOUIS MAINELLI has taught courses on Poulenc, Tchaikovsky and Wagner at the URI OLLI and UMASS OLLI programs as well as at the Circle of Scholars programs at Salve Regina University and the Edward King House - both in Newport, RI

DESCRIPTION: ON JULY 17TH, 1794, AT THE HEIGHT OF MAXIMILIEN ROBESPIERRE'S "REIGN OF TERROR" (1793-1794), HAVING BEEN CONDEMNED TO DEATH BY THE REVOLUTIONARY TRIBUNAL FOR "CRIMES AGAINST THE FRENCH PEOPLE", SIXTEEN CARMELITE NUNS WERE GUILLOTINED AT THE PLACE TRONE (PLACE DE LA NATION) IN PARIS. ALTHOUGH BUT A HANDFUL OF VICTIMS OF THE FRENCH REVOLUTION, THEIR STORY RESONATED STRONGLY OVER TIME PROMPTING A NOVELLA, "DIE LETZE AM SCHAFOTT" (1907), A FILM (1931) AND A THREE-ACT OPERA BY FRANCIS POULENC - "DIALOGUES DES CARMELITES" (1957). THE COURSE WILL LOOK AT THE LIFE OF FRANCIS POULENC AS WELL AS EXPLORE HIS OPERA SET WITHIN THE CONTEXT OF THE FRENCH REVOLUTION THROUGH THE LENSE OF THE CARMELITE NUNS - THEIR FEARS, DOUBTS, STRENGTHS, WEAKNESSES, RELIGIOUS DEVOTION AND SPIRITUALITY - ALL CAPTURED SENSITIVELY AND POWERFULLY THROUGH THE MUSIC OF POULENC. ALLUSION TO THE LIBRETTO AS WELL AS TO YOUTUBE VIDEOS WILL SUPPORT OUR EXPLORATION OF THE OPERA.



# EDWARD KING HOUSE SPECIALTY GROUPS

ARE LOOKING FOR MORE MEMBERS

INTERESTED? CALL 401-846-7426 FOR MORE INFORMATION

Group	Day	Time
Calling All Knitters	Mondays	10:30am to 12pm
Diabetes Support Group	Second Thursday of the Month	1pm
Mah Jong	Tuesdays	12:30pm-3:00pm
Scrabble	Wednesdays	10am to 12pm
Cribbage	Tuesdays	1:00pm to 4pm
Bridge	Thursdays or Fridays	9am to 12pm
Play Reading Group	Tuesdays	6:30pm to 8:30pm
Writing Your Family History	Wednesdays	1:00pm to 3:00pm
What Happens When You Die?	Third Thursday of the Month	5:00pm to 6:30pm

## Diabetic Support Group

Thursday, April 12th 1pm

Free and

Open to the Public



## Lunch Anyone!

Come join us for lunch Monday through Friday at Noon.

Call ahead for reservations by 11am the day before. 401-846-7426

A suggested donation of \$3 is all it takes for the best meal in town. Not to mention the great company!

## You're Getting a New Medicare Card!



Medicare will mail new Medicare cards between April 2018 – April 2019. Your card will have a new Medicare Number instead of a Social Security Number.

Make sure your mailing address is up to date so you get your new card. Visit [ssa.gov/myaccount](http://ssa.gov/myaccount) or call 1-800-772-1213 (TTY: 1-800-325-0778) to correct your mailing address.

Visit [Medicare.gov](http://Medicare.gov) for the latest updates.



CMS Product No. 12006 August 2017

AARP will be offering

**FREE Tax**

**Preparation Services**

at the Edward King House on Mondays from 9am-12pm beginning February 5th.

Walk-Ins Welcome – No Appointment Necessary.

Call 401-846-7426 for more information





Beautiful Maine

Last Call—Still Spots Left!



INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 2 nights lodging
- ◆ 4 meals: 2 breakfasts and 2 dinners
- ◆ Guided Tour of Portland, Maine's largest city-by-the-sea
- ◆ Guided Tour of quaint Kennebunk and Kennebunkport
- ◆ Tour of historic Victoria Mansion
- ◆ Visit to the Seashore Trolley Museum and countryside trolley ride
- ◆ Visit to the L.L. Bean Flagship Store
- ◆ For more pictures, video and information visit: [www.GroupTrips.com/EdwardKingHouse](http://www.GroupTrips.com/EdwardKingHouse)

\$350 \*

3 DAYS 2 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

(Wed - Fri)

August

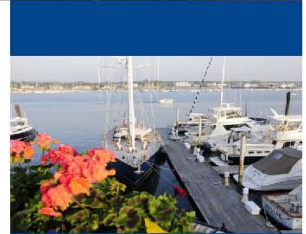
29 - 31, 2018

Departure: The Edward King House, 35 King St, Newport, RI @ 8 am, then Jamestown Senior Center 6 West St, Jamestown, RI @ 8:30 am

**Day 1:** Board your spacious, video and restroom equipped motorcoach and set off for beautiful Maine! Visit the Seashore Trolley Museum, where you can enjoy a trolley ride on an authentically restored streetcar through the Maine countryside. This evening, you will have Dinner and check into your accommodations in Maine for a two-night stay.

**Day 2:** After a Continental Breakfast, take a Guided Tour of the seaside city of Portland. View Longfellow's boyhood home and sea captains' houses, and stop at Portland Head Lighthouse, the most photographed lighthouse in America. Enjoy free time at the historic Portland waterfront, home to unique shops and eateries. Next, tour Victoria Mansion, an elegant historic home featuring spectacular architecture, stunning interiors, and exquisite, original furnishings. This evening, enjoy a Lobster Dinner, and then visit the L.L. Bean flagship store.

**Day 3:** Today, after a Continental Breakfast, enjoy a Guided Tour of the Maine coastal villages of Kennebunk and Kennebunkport. See Dock Square in Kennebunkport, and follow Ocean Avenue along the Atlantic Ocean. Drive by the estate of President George H.W. Bush at Walker's Point, and see the coastline comparisons of Kennebunk beaches. Explore the gardens and shrines of the Franciscan Monastery. During free time, visit the quaint shops and eateries in downtown Kennebunkport. Then, depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!



Enjoy the historic Portland Waterfront



Quaint Kennebunkport



Picturesque Portland



See the Portland Head Lighthouse

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident*® Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$120 for single occupancy. Final Payment Due: 6/22/2018

FOR INFORMATION & RESERVATIONS CONTACT:

Carmela Geer @ (401) 846-7426



Fla. Seller of Travel Ref No. ST32973.

Form ID: 6000-3A0406

WM

Tour#: 1424617

( ) Yes, I would like to take the trip to Maine. I have enclosed my \$75 deposit.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

EMAIL: \_\_\_\_\_

My Roommate will be: \_\_\_\_\_

I would like to be a single ( )

\$75 deposit will put toward the total cost. Deposit is due upon signing up for the trip. Single Occupancy is available for \$120 more to the total. Checks made out to: Edward King House.

The Studio at the Edward King House Presents

Educating Rita is presented by special agreement with Samue French Inc.

# **EDUCATING RITA**

**BY WILLY RUSSELL**

***DIRECTED BY ROB REIMER***

***STARRING***

***ERIN MULRY AND TREVOR ARENDS***

Thursday, May 10th @ 7:30pm

Friday, May 11th @ 7:30pm

Saturday, May 12th @ 2:30pm & 7:30pm

Sunday, May 13th @ 2:30pm

Friday, May 18th @ 7:30pm

Saturday, May 19th @ 2:30pm & 7:30pm

Sunday, May 20th @ 2:30pm

**\$12 PER PERSON**

Tickets available online at [www.edwardkinghouse.org](http://www.edwardkinghouse.org)

call 401-846-7426 ext 2

for reservations

35 King Street Newport RI 02840



Friday, April 27th @

10:00am

Free and Open to the  
Public

## SNAPSHOTS

An armchair tour led by RISD Museum Docents will offer a visual presentation of some of the highlights of the museum's collection. The program lasts approx. 30 minutes and is followed by a time for questions and discussion. Whether you are an art connoisseur for years or if you just like to look at works of art, this program is for you! The selection chosen from the museum's collection is varied from sculpture, paintings, textiles, and includes contemporary, Asian, examples from the 18th, 19th, and 20th century and more.

Join us for this exciting presentation!

PosterMyWall.com



**COME AND JOIN US!**  
Tuesdays at 6pm with Beth Kerr  
and Thursdays at 4pm  
with Amy Sanborn

**EDWARD KING  
HOUSE**

35 King Street  
Newport RI 02840

# NEW YOGA For ALL CLASSES

REGISTER ONLINE at  
[WWW.EDWARDKINGHOUSE.ORG](http://WWW.EDWARDKINGHOUSE.ORG)  
or call 401-846-7426 ext 2 for more information

PosterMyWall.com  
Stock Graphic

THE EDWARD KING HOUSE PRESENTS

# OLDIES

NIGHT

TAKE A TRIP

BACK IN TIME

SAVE THE DATE



THURSDAY

MAY 17TH

tickets go on  
sale April 16th

**STARTS AT 6PM\* TICKETS \$25 PER PERSON**

35 King St. Newport - [WWW.EDWARDKINGHOUSE.ORG](http://WWW.EDWARDKINGHOUSE.ORG)  
-401-846-7426 ext 2



IMPORTANT INFORMATIONAL SESSION

# HOW TO READ YOUR CREDIT REPORT

**EDWARD KING**  
— HOUSE —



10:00AM

Wednesday  
April 18th

at the Edward  
King House  
35 King Street  
Newport RI

FREE AND  
OPEN TO THE  
PUBLIC

[www.edwardkinghouse.org](http://www.edwardkinghouse.org)  
TEL: (401) 846-7426 ext 2

PosterMyWall.com

## Get access to your personal health information using **MEDICARE's BLUE BUTTON**



A great way to protect yourself from Medicare Fraud is to take Control!

This feature on MYMedicare.gov website lets you download up to 36 months of Medicare part A and Medicare part B claims, as well as 12 months of Part D claims. With this information, you can keep track of tests and screenings that are paid for by Medicare part B and to be sure you are on schedule and not being scheduled too early. It also gives you insight into what you have been billed for to be sure it is accurate.

If you have any questions about the above information or anything to do with Medicare be sure to visit your local SHIP counselor. SHIP counseling is available at the Edward King House Senior Center on Wednesdays from 11am to 2pm and the Middletown Senior Center on Thursdays from 1pm to 4pm. No appointment necessary. Call 401-846-7426 ext 2 for more information.

at the Edward King House 35 King St. Newport

**Newport Garden Club**

presents



# SPRING

F l o w e r S h o w

Wednesday, April 18th

free and open to the public

2:00 to 6:00pm

Complimentary Tea served from 4:30 to 6:00pm



PosterMyWall.com

call 401-846-7426 ext 2 for more information

# April 2018

Call 846-7426 for reservations!

**\$3.00 Suggested Donation**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Chicken Soup w/ Anci diPepe <b>Baked Ham w/Pineapple Slice</b> Mashed Sweet Potatoes Roasted Brussels Sprouts Oatmeal Cookies Multi Grain Bread <i>(Chicken Salad on Multi Grain)</i></p>	<p>3 Tortilla Soup w/Sour Cream <b>Seasoned Chicken Strips</b> Peppers &amp; Onions Side Salad w/ Dressing Coffee Cake Whole Grain Tortilla <i>(Tuna on Whole Grain Tortilla)</i></p>	<p>4 100% Juice <b>Turkey Chili</b> Corn Bread California Blend Vegetables Fruit Cocktail Italian Bread <i>(Salami &amp; Provolone on Italian)</i></p>	<p>5 Tomato Vegetable Soup <b>Roasted Airline Chicken</b> Seasoned Whole Grain Pasta Italian Blend Vegetables Fresh Fruit Rye Bread <i>(Egg Salad on Rye)</i></p>	<p>6 Beef Vegetable Barley Soup <b>Meatloaf w/Gravy</b> Mashed Potatoes Mixed Vegetables Tapioca Pudding Whole Wheat Bread <i>(Ham/Cheese on Whole Wheat)</i></p>
<p>9 Onion Soup w/Crouton <b>American Chop Suey</b> Whole Wheat Elbows Garlic Spinach Pineapple Chunks Dinner Roll <i>(Italian Tuna on Bulky Roll)</i></p>	<p>10 Moroccan Lentil Soup <b>Low Sodium Hot Dog</b> Baked Beans Roasted Vegetables Mandarin Oranges 9-Grain Bread <i>(Sliced Chicken &amp; Cheese on 9 Grain)</i></p>	<p>11 Corn Chowder <b>New England Baked &amp; Broiled Cod</b> Oven Roasted Potatoes Mixed Vegetables Pudding Rye Bread <i>(Corned Beef &amp; Swiss on Rye)</i></p>	<p>12 Pasta &amp; Bean Soup <b>Fried Steak w/Country Gravy</b> Whole Grain Rice Baby Whole Carrots Ice Cream Wheat Bread <i>(Turkey Meatloaf on Wheat)</i></p>	<p>13 Chicken Vegetable Soup <b>Rosemary Chicken</b> Red Bliss Mashed Potatoes Prince Edward Blend Vegetables Fresh Fruit Oatmeal Bread <i>(Seafood Salad on Oatmeal)</i></p>
<p>16 Tomato Brown Rice Soup <b>Shepherd's Pie w/Ketchup</b> Zucchini and Yellow Squash Fig Bar Whole Wheat Bread <i>(Buffalo Chicken Salad on Whole Wheat Bread)</i></p>	<p>17 Beef Noodle Soup <b>Chicken Marsala</b> Garlic Mashed Potatoes Broccoli Cuts Sherbet Multi Grain Bread <i>(Ham Salad on Multi Grain)</i></p>	<p>18 Chicken Escarole Soup <b>Veal &amp; Peas</b> Seasoned Whole Grain Pasta Baby Whole Carrots Fresh Fruit 12-Grain Bread <i>(Hot Dog on a Bun)</i></p>	<p>19 <b>Happy Birthday</b> Lentil Soup <b>Pot Roast w/Gravy</b> Mashed Potatoes Green Beans Frosted Cupcake Marble Bread <i>(Egg Salad on Marble)</i></p>	<p>20 100% Juice <b>Chicken a la King w/Potato &amp; Vegetable</b> Winter Blend Vegetables Mandarin Oranges Biscuit <i>(Shrimp Salad on Whole Wheat)</i></p>
<p>23 Chicken Veg. Soup <b>Roast Pork w/Applesauce</b> Stuffing Fiesta Blend Vegetables Apricot Half Rye Bread <i>(Turkey &amp; Cheese on Rye)</i></p>	<p>24 Egg Drop Soup <b>Sweet &amp; Sour Chicken</b> Seasoned Brown Rice Asian Blend Vegetables Shortbread Cookie Whole Wheat Dinner Roll <i>(Bologna &amp; Cheese on Wheat)</i></p>	<p>25 Vegetable Soup <b>Pub Burger w/Au Jus</b> Scalloped Potatoes Sliced Carrots Diced Peaches Pumpernickel Bread <i>(Chicken Salad on Pumpernickel)</i></p>	<p>26 Clear Chowder <b>Stuffed Sole</b> Wild Rice California Blend Vegetables Fresh Fruit Whole Wheat Bread <i>(Meatloaf on Wheat)</i></p>	<p>27 Italian Wedding Soup <b>Meatballs w/Sauce</b> Seasoned Whole Wheat Pasta Peppers &amp; Onions Ice Cream Sliced Italian Bread <i>(Italian Sausage on a Roll)</i></p>
<p>30 Chicken Soup <b>Turkey w/Gravy</b> Mashed Potatoes Mixed Vegetables Diced Pears Wheat Bread <i>(Tuna on Wheat)</i></p>	<p><b>Thank you for your donations!</b> <b>Your donations help keep the program going.</b> <i>All menu items may contain nuts, seeds, beans and wheat bran + other allergens</i></p>			<p><b>Salad of the Month</b> Southwest Chicken Black Beans and Corn Tomato-Tortilla Strips Lettuce Mix Creamy Dressing Begins Monday April 2</p>

**Reservations must be made 1 day in advance**  
**From 9:00-11:00am**  
**Monday -Friday Only**

The Senior Ctr  
At the Edward King House  
35 King Street  
Newport, RI 02840

**SAVE THE Date**

**OLDIES NIGHT**  
Thursday, May 17th

**Senior Week**  
5/11 to 5/20

**BLACK BOX THEATER EVENT**  
May 10, 11, 12, 13  
& 18, 19, & 20