

EDWARD KING
— HOUSE —

Newport Circle of Scholars

Life Long Learning Program

COURSE CATALOG

Winter/Spring 2019



January to May 2019

**Newport Circle of Scholars
Life Long Learning
At The Edward King House**

About The Newport Circle of Scholars

The Newport Circle of Scholars is a non-profit volunteer organization that was created to provide life long learning programs for citizens 50 years of age and older. Its programs are focused on both scholarly and general interest subjects such as history, literature, science, international events, health, and the arts. Its programs and instructor recruitment efforts are facilitated and coordinated by a Curriculum Committee, and its external relations and policy are guided by a Board of Directors. Membership in the Newport Circle of Scholars is included in your Edward King House membership at no extra charge.

The Circle currently operates with a combined Board/Curriculum Committee made up of the following members:

**Benjamin Riggs, President
Trudy Duval, Curriculum Committee Chairs
Ron and Johanna Becker
Carmela Geer, Liaison to the Edward King House**

Program Policies

1. All fees for courses and events at the EKH are NON-REFUNDABLE. There are no exceptions.
2. Members of the EKH are permitted to "try out" a course for one session only with permission of the Executive Director and dependent upon space availability in accordance with local and state fire code. (Note: this does NOT include workshops or special events.)
3. No guests are permitted during class sessions at any time without permission of the Executive Director and dependent upon space availability in accordance with local and state fire code.
4. A class seat can only be "reserved" upon payment of tuition for that course. Verbal reservations will not be accepted.
5. Class seats are sold on a first come, first served basis.
6. EKH members are given preference to class seats over non-members.
7. Participants must be respectful of staff, other members and Center property and follow all Center policies.
8. All individuals who use the services of the Edward King House deserve the respect of their privacy. Therefore, it is the policy of this Center to respect this basic right by not divulging information without the individual's consent.
9. The Edward King House is a smoke free facility. Anyone wishing to smoke must do so outside the building at least 50 feet from any entrance or exit.
10. **For the full listing of The Edward King House program policies , please go to www.edwardkinghouse.org**

Newport Circle of Scholars Table of Contents

Current International Events in Review	4
“Deception” in Great American Movies	4
Geography and History of South Asia	5
The Lives of Four Great Artists of the Italian Renaissance: Botticelli, Leonardo, Raphael, and Michelangelo	5
Living The Tao	6
Meditation and Breath Techniques	6
Remembering “The Rat Pack”	7
Researching Your Family Tree	7
Richard Wagner: “Der Ring des Nibelungen”	8
What Happens When We Die?	9

How to Register

Online Registration

Go to www.edwardkinghouse.org to the “Programs” Tab. Click on Register Online and follow the directions as they appear. Upon full completion of this process with payment, your registration will be accepted and the program will give you the option to print a ticket for your class.

Registration By Mail

Register by mail by filling out the registration form COMPLETELY and attaching payment to be sent to: The Edward King House, 35 King Street, Newport, RI, 02840. Your registration will be time-stamped at the time that it arrives at the King Street address.

Registration In Person

Register in person at The Edward King House, 35 King Street in Newport. Come in anytime from 9am to 3pm, Monday through Thursday or 9am to 1pm on Fridays and ask for our Program Manager. **It is imperative that you come prepared with your registration form filled out and payment ready to go.** Your registration will be time-stamped at this time.

Tuition Payment

Pay for your courses and events with your online registration. If you choose to pay by credit card, click on the PayPal button and follow the directions. If you choose to pay by check, make your checks payable to : ***The Edward King House***. Cash payments will also be accepted.

Course registrations will NOT be finalized until full payment is received prior to the course commencement. Full registration will be offered to participants on a first come, first served basis. All registration forms are time-stamped for receipt. Preference is given to members over non-members for class space.

Current International Events in Review

Sessions: 8

Class Time: 12:45-2:45pm, WEDNESDAY— 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20

Class Limit: 28

Member \$65/Non-Member \$90

Currently in its 14th year, this is a workshop-style survey and discussion of current international events. We start with country, region and political organization reviews during the first hour, often utilizing guest lecturers from the Naval War College and other sources. These topics will add to an understanding of the current events being discussed in the second hour of each session when we will be examining the events of the previous week.

Ron Becker, a graduate of Reed College, is a retired actuary with over 35 years of technical and administrative experience in the life insurance industry with a life-long interest in history and politics.

Ben Riggs, is a retired business executive who has served as chief executive of U.S. divisions of several foreign-owned conglomerates. After graduating from Boston University, he served for seven years as a Naval Aviator, remaining in the Naval Reserve until retirement. His knowledge and interest in international affairs arose from both his military career as well as numerous business dealings in Europe, Japan and the Middle East.

“Deception” in Great American Movies

Sessions: 6

Class Time: 12:45-3:45pm, TUESDAY — 3/19, 3/26, 4/2, 4/9, 4/16, 4/23

Class Limit: 30

Member \$50/ Non-Member \$75

All societies discourage lying, but every day, millions say, “No, that dress doesn’t make you look fat,” “Oh, I’m so sorry, we’re busy that night,” and occasionally, “No, officer, I didn’t kill my husband.” The characters in *A Tale of Two Cities*, *The Heiress*, *The Lady Eve*, *The Bad Seed*, Hitchcock’s *North by Northwest*, and *Shakespeare in Love* deliberately deceive people. Come learn the background of each movie which we will watch together, then discuss its characters, themes, symbols and other aspects.

We will start with a handout and description of how each movie was conceived and produced, and what to look for in it. We will later conclude with a group discussion of what this movie was unique for, and what it meant to each of us. Consequently, 3 hours is allotted for each session.

Lynda Tisdell is a former North Kingstown High School English teacher who has loved movies ever since she saw *Peter Pan* at the age of six. Passionate about movies, she has studied them, endlessly discussed them, and dreamed about them. She has taught a large number of movie classes for other organizations, including OLLI at URI.

Geography and History of East Asia

Sessions: 8

Class Time: 3:00-5:00pm, THURSDAY— 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21

Class Limit: 20

Member \$65/ Non-Member \$90

This seminar will cover the physical, social, and cultural geography of India and its neighbors. The organizing principle will be historical, beginning with the Indus Valley Civilization, then the Vedic culture that absorbed and supplanted it, continuing through the famous empires of classical Hindu society, the invasions from Muslim Central Asia that culminated with the Mughal Empire, then the British Empire, the long campaign for freedom from British rule, and finally the time of independence that began in 1947. Because of its historic and demographic centrality, India will be the main focus, but notice will be taken of Sri Lanka and Nepal, and, in the latter part of the course the recently created (out of India) countries of Pakistan and Bangladesh.

Tom Howard retired in 2012 from teaching geography (including “Geography and History of South Asia”) at Armstrong State University (now merged with Georgia Southern University) in Savannah, GA. His experience in India started with two years as a Peace Corps volunteer in Tamil Nadu (1967-69). Four trips to India followed, most recently for a month in the summer of 2011, as part of a National Endowment for the Humanities program for university professors.

The Lives of Four Great Artists of the Italian Renaissance: Botticelli, Leonardo, Raphael, and Michelangelo

Sessions: 4

Class Time: 10:00am-12:00pm, FRIDAY— 2/1, 2/8, 2/15, 2/22

Class Limit: 15

Member \$35/ Non-Member \$60

The seminar will consist of four lectures of two hours each, with a fifteen minute intermission. Each lecture will focus on a single artist and will be presented in the order of their deaths as set forth above. The lectures will include key biographical information that marks important events and people in their lives. With the use of still images and videos, we will view as many of their respective works of art as time permits. We will also look at the other interests of the two polymaths, Leonardo and Michelangelo.

John del Negro is a retired attorney who is a graduate of George Washington University and the Cornell Law School. He is a frequent traveler to Italy, especially Florence, and speaks Italian. He has become a self-taught student of the Renaissance, and taught the NCOS course on "Florence: The Cradle of the Renaissance" in the Fall of 2018.

Living The Tao

Sessions: 7

Class Time: **1:30-3:30pm, MONDAY— 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11**

Class Limit: 20

Member \$60/ Non-Member \$110

This seminar will explore Taoist Philosophy through the study of the timeless classic, “The Tao Te Ching” (“The Book of the Way and its Power”) combined with practical ways of integrating principles of *Taoism* and *Zen* (Ch’an) Buddhism into everyday life. In addition to the study of the Philosophy, different types of meditation such as seated, standing, walking, and moving will be taught and practiced as an “art of living.” *T’ai Chi* and *Qi-Gong exercises* for health, well-being, stress reduction, clear thinking and peace of mind will also be presented. At times, participants will be invited through a process of “Guided Self-Discovery” to engage in a series of experiments in “Experiential Learning.”

Jesse Harding is Chief Instructor and Director of Villari’s Martial Arts Center. He has a 6th Degree Black Belt, is a Master Instructor, and is an advanced certified instructor in T’ai Chi, Qi-Gong, and Taoist Yoga. Jesse began martial arts training in 1985 and has been teaching the arts for over 20 years. He is a Professor in the Theological and Religious Studies Dept. at Salve Regina University. He has degrees in Philosophy, Psychology and Religious studies, an MA in Holistic Counseling and a C.A.G.S. in Expressive Art Therapy.

Fee includes class materials.

Meditation and Breath Techniques

Sessions: 4

Class Time: **1:30pm-3:30pm, FRIDAY— 5/3, 5/10, 5/17, 5/24**

Class Limit: 15

Member \$35/ Non-Member \$60

Have you wondered what Meditation is all about and if it is right for you? People of all cultures have meditated for thousands of years. Come to this very relaxed program and learn about the health and wellness benefits that can be gained from this age old practice of Meditation. This program is appropriate for those with an established practice, and those new to Meditation. You will have the opportunity to learn several different ways to meditate, look at ways of integrating mindfulness into daily life, and leave feeling relaxed and renewed. The program offers different ways to meditate to give you a ‘bag of tools’ to choose from for your daily life. In addition, because at one time or another, we may have found ourselves dealing with anxiety, fears, panic attacks, sadness, stress, sleep issues, or physical pain, we will also be looking at breath techniques that can help to alleviate those conditions. Please wear comfortable clothing. Feel free to bring a yoga mat or cushion to sit on if you’d like. This program can also be experienced from the chair.

Linda M. Morse has been a yoga and meditation practitioner most of her life, teaching for twenty years. Certified professionally through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit.

Remembering "The Rat Pack"

Sessions: 4

Class Time: **1:30pm-3:30pm, FRIDAY— 5/3, 5/10, 5/17, 5/24**

Class Limit: 25

Member \$35/ Non-Member \$60

Frank Sinatra, Dean Martin, Sammy Davis, Jr., Peter Lawford and Joey Bishop, known as "The Rat Pack", helped set the style and pace of America in the mid-50s through the mid-60s. The Rat Pack made Vegas their kingdom with Frank and the boys ruling generously -- a private corner of America, where anything goes. But when JFK, newly elected President with the support of the Rat Pack, is advised that the friends who made him shouldn't be the friends he keeps, the guys soon discover that lady luck has chosen a different direction. And when Attorney General Robert Kennedy begins a crackdown on mob ties in Vegas, the Rat Pack's world is cut loose and slowly drifts out of their control. All of this is included in this 4-week program, along with the history and biographies of the "Rat Pack" members, including the original chairman, Humphrey Bogart. But best of all is the music, movies and comedy of this incredible team of performers. Come and join me for a fun filled program.

Brett Morse worked in the pharmaceutical industry for over forty years. He is a graduate of Bryant College, served in the U.S. Navy during the Vietnam era, and is a certified yoga instructor.

Researching Your Family Tree

Sessions: 4

Class Time: **12:45-2:45pm, THURSDAY— 2/28, 3/7, 3/14, 3/21**

Class Limit: 12

Member \$35/ Non-Member \$60

Learn basic techniques and sources for researching your ancestors in the United States with emphasis on the 19th and early 20th centuries. Become familiar with repositories and websites to locate census records, vital records, immigration and naturalization records and other pertinent information. The course will include some "beyond the basics" topics as well. Familiarity with the internet is useful as the course will focus primarily on internet sources.

Johanna Becker is a retired Vice President and actuary of MetLife and an amateur genealogist. She has been researching her family tree as well as her husband's for 30+ years and enjoys providing friends and family with basic information on their ancestors. She is a member of the New England Historic Genealogical Society, National Genealogical Society and the Daughters of the American Revolution. She received her bachelor's degree from the University of Texas-Austin and a Master of Actuarial Science from the University of Michigan Business School.

Richard Wagner: “Der Ring des Nibelungen

Sessions: 5

Class Time: **10:00am-12:00pm, WEDNESDAY—2/20, 2/27, 3/6, 3/13, 3/20**

Class Limit: 20

Member \$50/ Non-Member \$75

Water maidens, gnomes, giants, snakes, a dragon, gods, humans, a gold ring, a helmet with magical transformative powers, a sword with superhuman power, a castle in the sky – all are part of Wagner’s fifteen hour, four opera (Das Rheingold, Die Walkure, Siegfried, Gotterdammerung), opus magnum. What, if anything, does all of this mean?

Wagner, highly literate, was familiar with Western/Eastern literature and philosophies, Nordic/Celtic myths/legends and fairy tales and although preceding Freud, he had keen insights into the psychology of humans. From this vast base of knowledge, he fashioned a unique cycle of operas addressing power, greed, envy, love, loss, deception and redemption.

The course will explore: pertinent aspects of Wagner’s life and contemporary historical events; philosophical/psychological underpinnings of the cycle; myths/legends/fairy tales employed; musical style; and various interpretations of the cycle.

The course is being offered prior to the Metropolitan Opera’s HD transmission on March 30 of “Die Walkure”, the second opera of the cycle. Prior to the first class, please read the MET Opera synopses of the four operas available on the internet.

Louis Mainelli has taught opera classes on Poulenc, Tchaikovsky, and Wagner at the URI and UMASS-Boston OLLI programs as well at the Edward King House and Salve Regina “Circle of Scholars” programs.

Where Do We Go When We Die?

An exploration of how human consciousness exists outside of the body.

Sessions: Monthly

Class Time: **5:00-6:30pm, 3rd Thursday each month**

(No sessions in June, July, August, & December)

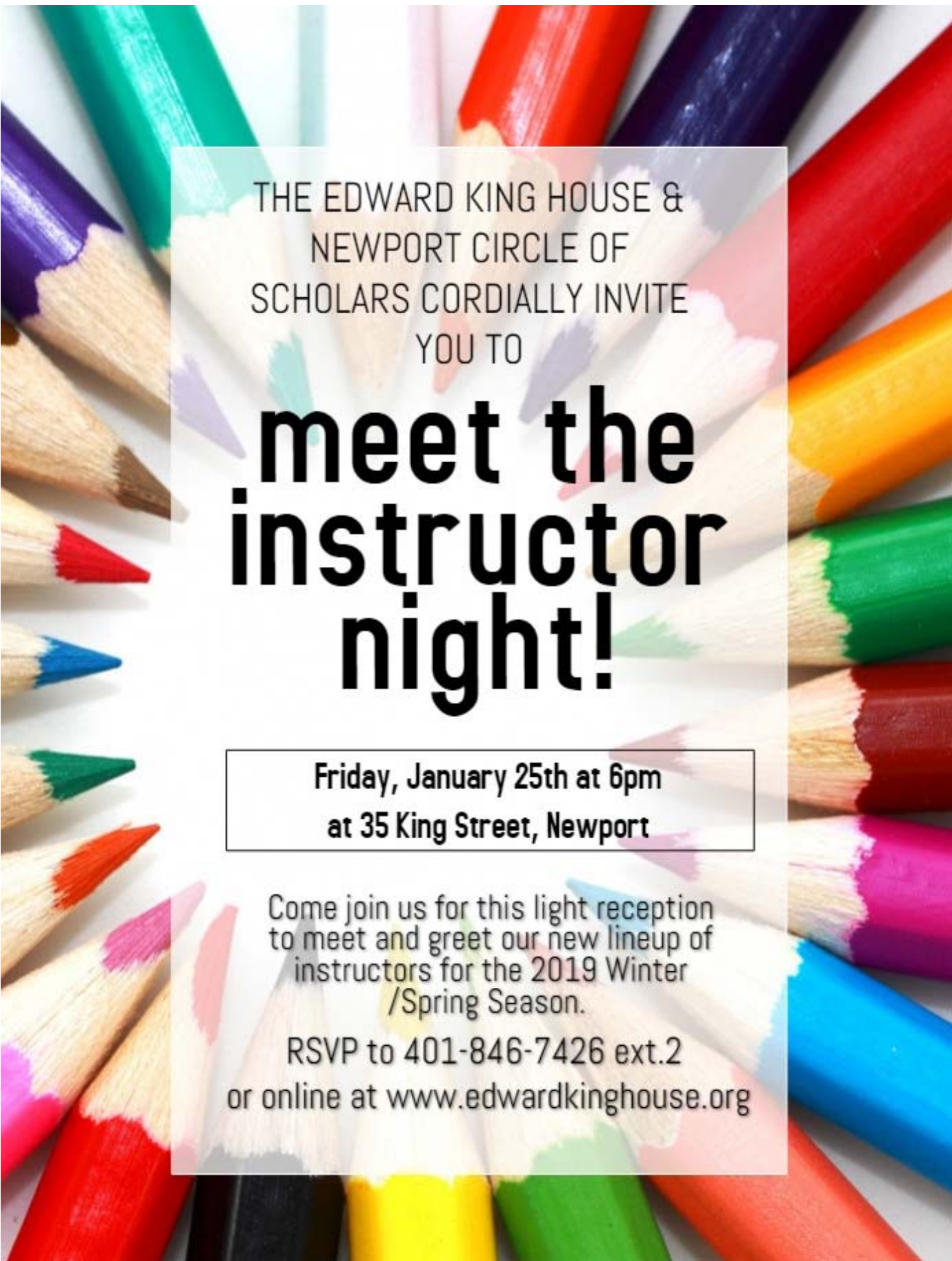
1/17, 2/21, 3/21, 4/18, 5/16

Donations Accepted

This program began in March 2016, and is conducted as the Rhode Island Chapter of the International Association for Near Death Studies (“IANDS” at www.iands.org). The aim of the group is to explore and deepen our understanding of what has been learned about the continuation of human consciousness after death from people who have survived near-death experiences (“NDEs”) and have reported an amazing journey after they have been revived, along with the lessons they learned.

We will review and discuss actual documented experiences along with the findings of various researchers and scientists, all of whom have various theories about how this happens and what it can tell us about the transition from life as we know it, and what lies beyond. Some videos and guest speakers are utilized. *This is not connected with any organized religion or religious belief.* Some of the group’s current members include persons who have had NDEs, “after death” communications with loved ones, and related experiences of their own.

Ben Riggs is a retired Naval Aviator and later business executive who has served as chief executive of several manufacturing companies. His knowledge and interest in NDEs evolved from the experiences of friends and family and subsequent participation with IANDS, which has included numerous national conferences, workshops, extensive study, and close collaboration with leading experts in the field.



THE EDWARD KING HOUSE &
NEWPORT CIRCLE OF
SCHOLARS CORDIALLY INVITE
YOU TO

meet the instructor night!

**Friday, January 25th at 6pm
at 35 King Street, Newport**

Come join us for this light reception
to meet and greet our new lineup of
instructors for the 2019 Winter
/Spring Season.

RSVP to 401-846-7426 ext.2
or online at www.edwardkinghouse.org

**Newport Circle of Scholars Lifelong Learning Programs January to May 2019
REGISTRATION FORM**

Name:		Daytime Phone:	
Street/City/State/Zip:			
Cell Phone:		Email:	

Check all that apply:	✓	Time	Date	Cost
Current International Events in Review	<input checked="" type="checkbox"/>	12:45- 2:45pm	WEDNESDAY— 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20	Member \$65/ Non-Member \$90
“Deception” in Great American Movies	<input type="checkbox"/>	12:45- 3:45pm	TUESDAY — 3/19, 3/26, 4/2, 4/9, 4/16, 4/23	Member \$50/ Non-Member \$75
Geography and History of South Asia	<input type="checkbox"/>	3:00- 5:00pm	THURSDAY— 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21	Member \$65/ Non-Member \$90
The Lives of Four Great Artists of the Italian Renaissance: Botticelli, Leonardo, Raphael, and Michelangelo	<input type="checkbox"/>	10:00am- 12:00pm	FRIDAY— 2/1, 2/8, 2/15, 2/22	Member \$35/ Non-Member \$60
Living The Tao	<input type="checkbox"/>	1:30- 3:30pm	MONDAY— 1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11	Member \$60/ Non-Member \$110
Meditation and Breath Techniques	<input type="checkbox"/>	1:30pm- 3:30pm	FRIDAY— 5/3, 5/10, 5/17, 5/24	Member \$35/ Non-Member \$60
Remembering “The Rat Pack”	<input type="checkbox"/>	1:30pm- 3:30pm	FRIDAY— 5/3, 5/10, 5/17, 5/24	Member \$35/ Non-Member \$60
Researching Your Family Tree	<input type="checkbox"/>	12:45- 2:45pm	THURSDAY— 2/28,3/7, 3/14, 3/21	Member \$35/ Non-Member \$60
Richard Wagner: “Der Ring des Nibelungen”	<input type="checkbox"/>	10:00am- 12:00pm	WEDNESDAY— 2/20, 2/27, 3/6, 3/13, 3/20	Member \$50/ Non-Member \$75
What Happens When We Die?	<input type="checkbox"/>	5:00- 6:30pm	THURSDAY-1/17, 2/21,3/21,4/18,5/16	Donations Accepted
			total	

The Senior Center at the
Edward King House
35 King Street
Newport, Rhode Island 02840



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