

EDWARD KING
— HOUSE —

May 2019 Catalog

**NEWPORT
SENIOR
WEEK
MAY 17-24**



2019

*Celebrating
50 Years
of Service*

EDWARD KING
— HOUSE —

*401-846-7426 ** info@edwardkinghouse.org*

NUTRITION

Come Join Us

For Lunch



**THE EDWARD KING HOUSE
EAST BAY CAFE IS OPEN FOR LUNCH!
Monday through Friday at Noon!**

Must make your reservation 24 hours in advance by 11am.

See the Calendar menu for more information.

Edward King House Senior Center*35 King Street, Newport RI

The Edward King House will be

CLOSED

Friday, May 17th

and

Monday, May 27th

SENIOR WEEK 2019

Newport Senior Week, formerly known as the Newport Holiday for Seniors, is returning to the City for a sixth year, the Edward King House Senior Center is celebrating its 50th Anniversary and Older Americans Month is celebrated throughout the United States in the month of May. The events of Newport Senior Week serve to honor and advocate for senior citizens on a local and state level. The Edward King House Senior Center reestablished Newport Senior Week to ensure

excellence in service, advocacy, and public policy for our very diverse population of senior citizens in Newport County. The senior citizens of our City are the historians, watchdogs and communicators on the forefront of all things both current and past. It is these seniors who helped to build our community with their years of contributions as volunteers, consumers, voters and residents who make Newport County the prosperous place it is today. Senior Week is filled with activities specifically focused on the ever changing needs of today's seniors age fifty and above and their families and neighbors. With more than one third of the population in Newport County over the age of fifty, and the largest population of citizens over the age of 75 in the State of Rhode Island, and first in the country for seniors over the age of 85 today's senior citizen has a commanding presence in our community economically, politically and culturally.

**“NEWPORT SENIOR WEEK”
will be celebrated from
Friday, May 17th to Friday May 24th**

This week of events will shine a light on the major topics of interest to seniors regarding financial sustainability, transportation, social conventions, health and wellness and recognize senior citizens as an invaluable part of our Newport County community.

PROTECTION

Open to the Public

1
DAY
ONLY

Shred Fest

9am to 12pm

Saturday, May 4th

Spring
2019

AARP Rhode Island will offer free document shredding on Saturday, May 4th from 9 a.m. to 12 p.m., in the Edward King House parking lot at 35 King Street, Newport.

It's a smooth, drive-through operation. Enter the lot from King Street. This is a drive up service. Bring everything you would like shredded at no charge. Shredding will occur right in front of you.

"Identity thieves routinely search through dumpsters and trash cans, looking to find confidential information.

Our Shred Fest 2019 event will allow consumers to discard this paperwork in a safe and secure manner," Connell added.

AARP® Real Possibilities
Rhode Island

RESOURCES

Congressman
DAVID CICILLINE
Proudly Representing the 1st District of Rhode Island



Congressman David Cicilline Invites You to Attend His Annual Senior Resources Fairs



Monday, May 13, 2019 from 5:00-7:00 PM
Fenner Hall (Vasco Da Gama), 15 Fenner Avenue, Newport

Monday, June 3, 2019 from 5:00-7:00 PM
East Providence Senior Center, 610 Waterman Avenue, East Providence

Monday, July 22, 2019 from 5:00-7:00 PM
Woonsocket Senior Center, 84 Social Street, Woonsocket

Seniors, adults with disabilities, and caregivers are all invited to learn about important resources available from:

- The Rhode Island Division of Elderly Affairs
- The Social Security Administration
- Rhode Island Housing
- And more than forty other participating organizations



For more information, please feel free to contact my District Office at 729-5600 or email Rita.Murphy@mail.house.gov.

Luncheon

at the Atlantic Resort Newport in Middletown

EKH Annual Mayor's Luncheon *and Volunteer Recognition Ceremony*

**Friday, May
17th 12:30PM**

\$25 per person - reservation required

Register online at www.edwardkinghouse.org
or call 401-846-7426 ext 2

with Mistress of Ceremonies
Mayor Jamie Bova

Literacy

Sunday, May 19th
at 1pm

Story
Time For
Grown
Ups

with Mrs. Katz

Reading and talk back
session for
Kurt Vonnegut's
LONG WALK TO FOREVER

Free and Open to the Public

Edward King House
35 King Street
Newport

EDWARD KING
— HOUSE —

COMEDY

MONDAY, MAY 20th at 6:30pm

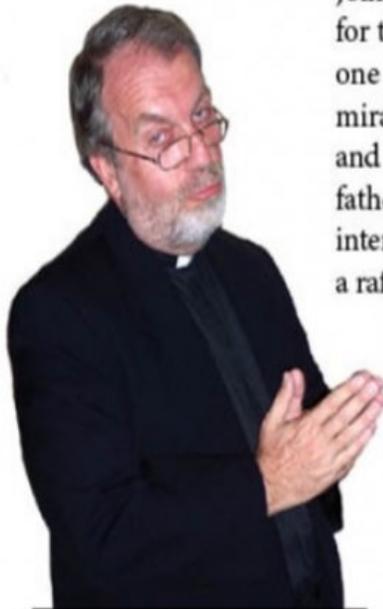
EDWARD KING
—HOUSE—

At the Edward King House
35 King Street, Newport

PROUDLY PRESENTS

MISGIVINGS

A "Divine" Comedy of bellylaughs, blessings, blarney and bingo.



Join Father Patrick Aloysius Misgivings for this divine presentation of stories and one liners about growing up Catholic. From miracles and marriage counseling to bazaars and birth control, nothing escapes the good father's razor sharp Irish wit. This hilarious, interactive comedy includes a collection, a raffle and even an actual Bingo game.

Don't miss
this delightfully
entertaining
and uplifting
one man show!

Celebrating 50 Years of Service

Come join us for this
laugh out loud event.

Doors Open: 6:30pm

Showtime: 7:00pm

Goodwill Offering/BYOB

Reservations a MUST as seating is

limited: online at

www.edwardkinghouse.org or call at

846-7426 ext 2

CINEMA

TUES MAY 21

AT THE EDWARD KING HOUSE
35 KING STREET, NEWPORT
401-846-7426

1:00PM

O. Golden Age Cinema



CHARADE

DIRECTED BY STANLEY DONEN
STARRING CARY GRANT AND AUDREY HEPBURN

\$3.00 Suggested Donation

May 201

MONDAY	TUESDAY	WEDNESDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p> <p><i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i></p>	<p><u>Salad for the Month</u> Grilled Chicken-Cucumber Mandarin Oranges Crispy Noodles Lettuce Bed-Asian Dressing Begins Monday May 6</p>	<p>1 May Bro 100% Orange Scrambled Egg Baked Virgin French Toast w Greek Yogurt <i>(Chicken Salad salad)</i></p>
<p>6 100% Juice Turkey Chili w/ Cheese Cornbread Seasoned Broccoli Spears Fruit Cocktail Wheat Bread <i>(Italian Tuna on Wheat)</i></p>	<p>7 Turkey Rice Soup Fried Steak w/Country Gravy Mashed Potatoes Seasoned Spinach Fresh Fruit Pumpernickel Bread <i>(Ham Salad on Pumpernickel)</i></p>	<p>8 Split Pea S Baked Ham v Sweet Potatoes Roasted Caulifl Angel Food Cal Multi Grain Bre <i>(Chicken Loaf c</i></p>
<p>13 Lentil Soup Meatballs in Sauce Seasoned Pasta Green Beans Sliced Pears Dinner Roll <i>(Egg Salad on a Roll)</i></p>	<p>14 Tomato Brown Rice Soup Veal w/Mushroom Gravy Oven Roasted Potatoes Sliced Carrots Lemon Pudding Rye Bread <i>(Chicken Salad on Rye)</i></p>	<p>15 Clear Cho Tuna Salad Italian Style Pa Cole Slaw Fig Newton Wrap <i>(Corned Beef c</i></p>
<p>20 Vegetable Chowder Marinated Grilled Chicken Au Gratin Potatoes Roasted Brussels Sprouts Lorna Doones Rye Bread <i>(Bologna & Cheese on Rye)</i></p>	<p>21 Chicken Vegetable Soup Meatloaf w/Mushroom Gravy Mashed Sweet Potatoes Roasted Vegetables Fresh Fruit Multi Grain Bread <i>(Chicken Salad w/Cranberries & Wal-nuts on Multi Grain)</i></p>	<p>22 Mushroom Italian Sausa Pesto Tortellini Peppers & Oni Ice Cream Wheat Bread <i>(Turkey Salad</i></p>
<p>27 <u>CLOSED</u> Memorial Day Observed</p>	<p>28 Barley Soup Low Sodium Hot Dog Macaroni & Cheese Broccoli Fruit Bar Dinner Roll <i>(Meatballs on Sub Roll)</i></p>	<p>29 Shrimp & Italian Style Red Bliss Cut C Baked Tomato Fresh Fruit Italian Bread <i>(Turkey/Swiss</i></p>

019

Call 846-7426 ext 2 by 11am—24 hours in advance to make your reservation

WEDNESDAY	THURSDAY	FRIDAY
<p>7 Breakfast Orange Juice 1 Eggs w/Sliced Tomato Virginia Ham Dressing w/syrup Milk</p> <p><i>Salad on Wheat w/side</i></p>	<p>2 Chicken Escarole Soup Beef Stroganoff Buttered Noodles California Blend Vegetables Cookie Marble Bread</p> <p><i>(Salami & Provolone on Marble)</i></p>	<p>3 Red Chowder Baked Fish w/Crumb Topping Roasted Potatoes Green Beans Oatmeal Bread Sliced Peaches</p> <p><i>(Honey Ham & Cheese on Oatmeal)</i></p>
<p>Pea Soup 10 Ham w/Pineapple Slice Potatoes Cauliflower Dessert 1 Bread</p> <p><i>Bread on Multi Grain)</i></p>	<p>9 Chicken Noodle Soup Knockwurst w/Mustard Boiled Potatoes Mixed Vegetable Butterscotch Pudding Italian Bread</p> <p><i>(Mozzarella & Tomato on Italian)</i></p>	<p>10 Mother's Day Luncheon Onion Soup w/Croutons Baked Chicken Quarter Red Bliss Mashed Potatoes Capri Blend Vegetables Wheat Bread Coffee Cake</p> <p><i>(Tuna on Wheat)</i></p>
<p>Chowder 12 Pasta Salad Dessert</p> <p><i>Beef on Marble)</i></p>	<p>16 Birthday Celebration Beef Vegetable Soup Chicken Cordon Bleu w/Gravy Rice Pilaf Asparagus Tips Frosted Cupcake Wheat Bread</p> <p><i>(Seafood Salad on Wheat)</i></p>	<p>17</p> <p style="text-align: center;">No Lunch Center Closed</p>
<p>Room Barley Soup 13 Sausage Bellini Onions Dessert</p> <p><i>Salad on Wheat)</i></p>	<p>23 Cream of Spinach Soup Pub Burger Baked Beans Sliced Carrots Tropical Fruit Oatmeal Bread</p> <p><i>(Ham Salad on Oatmeal)</i></p>	<p>24 Memorial Day Luncheon Veggie Soup Oven Roasted Airline Chicken Wild Rice Broccoli / Cauliflower Blend Cookie Pumpnickel Bread</p> <p><i>(Italian Tuna on Pumpnickel)</i></p>
<p>Pop & Corn Chowder 14 Turkey Chicken Cutlet Cut Oven Potatoes Mashed Potato Half Dessert</p> <p><i>Swiss on Italian)</i></p>	<p>30 Minestrone Soup Salisbury Steak w/ Gravy Mashed Potatoes California Blend Vegetable Diced Peaches Wheat Dinner Roll</p> <p><i>(Shrimp Salad on Wheat Roll)</i></p>	<p>31 Red Chowder Country Crisp Fish w/Tartar Sauce O'Brien Potatoes Carrot Slaw Brownie Rye Bread</p> <p><i>(Pastrami & Swiss on Rye)</i></p>

TIME TO CREATE

**EDWARD KING
HOUSE**

Paint Party

with Mermaid Masterpieces



Wednesday
May 23rd, 2019
1:00pm

Edward King House
35 King Street

EKH
celebrates
50 years!

FREE to the first 20 people
who register.

Call 846-7426 ext 2



SPECIAL GUEST

Play Reading Group will
convene on
Tuesday, May 21st & 28th
at 6:30pm
with special guest leader
Sharon Coleman.

CLUBS & GROUPS

Knitting Club - Mondays at 10:30am

Mah Jong - Tuesdays at 12:30pm

Cribbage - Tuesdays at 1pm

Playreading Group - Tuesdays at 6:30pm

Scrabble - Wednesdays at 10am

Writing Your Family History - Wednesdays at 1pm

Near Death Experience Group 3rd Thursday of the Month @ 5pm

Bridge - Thursdays & Fridays at 9am

EKH Singers - Fridays at 10:45am

SOMETHING NEW

The Edward King House
Presents

ROCK



ROLL

at the Edward
King House

35 King Street
Newport, RI

50's Sing-A-Long

Directed by Kristine Wilbur

No Experience Required

MAY 24TH AT

11:15am

FREE ENTRY

LIVE THEATER

The Studio at the Edward King House Presents:

TUESDAYS WITH MORRIE

by Jeffrey Thatcher
and Mitch Albom
directed by Cherie Rowe

with Rob Reimer
and David Allard

Thursday May 30 7:30pm

Friday May 31 7:30pm

Saturday June 1 12:30pm
& 7:30pm

Sunday June 2 2:30pm

Thursday June 6 7:30pm

Saturday June 8 2:30pm
7:30pm

Sunday June 9 2:30pm

Tickets \$12

online at

www.edwardkinghouse.org

or call 401-846-7426 ext 2

35 King Street, Newport

**EDWARD KING
HOUSE**

*when a simple visit turns into a last class
about the meaning of life*

HEALTH & WELLNESS



Ask the pharmacist

“How Chair Yoga may be used to supplement traditional medicine”

Dr. Alissa Margraf, PharmD

- **A holistic approach to self-care & help with chronic pain**
- **Yoga as an alternate tool for pain relief & with coping strategies.**
- **Questions for the Pharmacist**

The Edward King House

May 29, 2019 at 10:30 am

Please contact Nan Haffenreffer, RN MS at Visiting Nurse Home & Hospice, 1184 East Main Road Portsmouth, RI, for further information,
(401) 682-2100 ext 1470

REGISTRATION

Registration for
Spring Session 2 will take
place from
Monday, May 20th to
Friday, May 24th.
Classes begin
Tuesday, May 28th.

Registration for
Summer Session '19
will take place from
Monday, July 15th to
Friday, July 19th.
Classes begin on
Monday, July 21st.

The Edward King House Presents

OLDIES NIGHT

An Evening With Frank Sinatra
Special Live Performance

Delicious savories sponsored by Blenheim-Newport
Cash Bar ** Free Photo Booth ** Dancing

Thursday, May 23rd
6:00PM

Knights Of Columbus Hall

Valley Road, Middletown RI

\$25 Per Person

Tickets Available Online - www.edwardkinghouse.org

Purchase tickets at the King House

Or call 401-846-7426 ext 2

EVENT SIGN-UP

Name: _____

Phone: _____

Email: _____

Circle all that apply:	Time	Date	Cost
Mayor's Luncheon	12:30pm	Friday, May 17th	\$25
Story Time for Grown Ups	1pm	Sunday, May 19th	Free
Comedy Night	6:30pm	Monday, May 19th	Free
Golden Age Cinema	1:00pm	Tuesday, May 21st	Free
Paint Party	1:00pm	Wednesday, May 22nd	Free
Oldies Night	6pm	Thursday, May 23rd	\$25
50's Sing-A-Long	11:15am	Friday, May 24th	Free
		total	\$

Edward King House
35 King Street
Newport, RI 02840

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